

IMPORTANT NOTES:

1. Stockings can take up to three weeks for delivery so please inquire early to ensure your stockings arrive in time for your appointment.
2. The stockings you purchase must be at least thigh-high and at a compression level of 20-30mmHg.
3. Compression stockings may be covered by your insurance so please check with your insurance provider for details.

Web stocking vendor: Ames Walker at www.ameswalker.com

They offer high quality, comfortable compression stockings at a good price. The site also has a helpful sizing chart. Stockings come in thigh-high, panty hose, and leotard options.

Local pharmacy's: Call the stocking vendor of choice and discuss your needs before going in to order your stockings. Most require an appointment and will assist you in selecting the appropriate size.

Home Health Medical Express: 541-479-6919
1700 Nebraska Ave. Ste. B, Grants Pass

McLain's Drug Center: 541-476-446
301 SE 6th St., Grants Pass

Black Oak Pharmacy: 541-773-5356
2924 Siskiyou Blvd., Medford

Black Oak Home Medical: 541-690-1130
4800 Crater Lake Ave., Medford

Phoenix Pharmacy: 541-535-1561
404 N. Main, Phoenix

Ashland Drug, 541-482-3366
275 E Main St., Ashland

Medical Center Supply: 530-842-4301
742 S Main St., Yreka

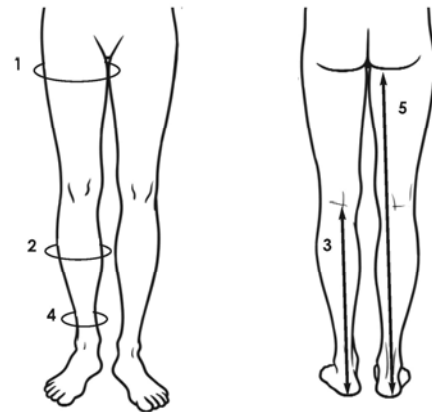
Chetco Pharmacy & Gifts: 541-469-2616
890 Chetco Ave., Brookings

Hanger P & O: 541-779-8199
1840 E Barnett Ste. A, Medford

Spectrum P & O: 541-734-2435
1180 Crater Lake Ave., Medford
1825 Nebraska Ave., Grants Pass: (541) 955-9678

How to measure for stockings:

1. Measure the circumference around the widest part of your thigh.
2. Measure around your calf at its widest part.
3. Measure the length of your calf (from the floor to the bend in your knee).
4. Measure around the narrowest part of your ankle above the ankle bone.
5. Measure the length of your leg from the gluteal fold (just below your bottom) to the floor.



Visit our web site for helpful tips on how to put your stockings on.

www.AdvancedVeinCtr.com

Stocking care:

Compression in the stockings is good for 6 months with everyday wear, providing they are laundered with a "stocking cleanser" or Ivory BAR soap. "Liquid" soaps will destroy the integrity of the compression fibers. Stocking cleansers are also available at local medical supply outlets and pharmacies.