

**Before your treatment:**

You may elect to take Ibuprofen (up to 600 mg) or Naproxen (220 mg) 1 hour prior to your appointment to help minimize procedural discomfort.

Note: *If you have been advised by a physician NOT to take anti-inflammatory medications please do not take them. It is not necessary for this procedure.*

**Post-procedure care:****For Leg and Facial Treatments:**

Please come to your procedure appointment with your face or legs clean of moisturizer, self-tanning lotion or make-up. These materials can interfere with the treatment process.

Be prepared to leave your appointment with the treated areas reddened. This is a normal response and will last a number of hours, possibly even longer, depending on area of treatment, length of treatment time and severity of veins treated.

**Face:**

You will have red, raised areas from treatment. Your skin may be itchy. This is completely normal. After a few days you will have some flaky, patchy dry skin or light scabbing that will require no special care beyond your regular daily skincare routine.

You may apply witch-hazel or aloe vera gel to help soothe sensitive skin, as well as a light moisturizing lotion.

Please refrain from sunbathing or sun-tanning, and apply sun screen when out of doors, especially while you heal the first week after your procedure.

The use of make-up during the first week is fine unless heavy perfumes cause sensitivity.

**Legs:**

You will have red, raised areas from treatment. Your skin may be itchy. You will have "cat-scratch" red marks on treated veins. These will be varied in color according to the number of pulses required to coagulate the vein. This is normal. While it is unsightly at first, these marks will start fading around week 5 as your body absorbs the treated veins.

Although highly unusual, if a treated area is showing signs of infection, please call our office at (541) 282-6680 to schedule a follow-up appointment. Keep the area clean, dry and if on your face, free of make-up until you have been seen by a provider.

Please be patient. The objective of Veinwave treatment is to promote inflammation, and your body's natural response to heal itself, will take time.

You will notice the treated veins fade during a period of 4-6 weeks post treatment.

It is not unusual to have an area that will require a touch-up. And depending on severity, several treatments following your initial treatment may be required. Please talk with your provider about concerns and expectations you may have in regards to spider and thread vein removal.

*Optimal results for every patient is our goal.*